

## THEME 6 HELPFUL TIPS LISTENING SKILL (PASİFİK)

### **A. Listen to the dialogue and answer: How long have people used home remedies? (Track 20)**

### **B. Listen again and complete these sentences. Then, mark the sentences giving advice. (Track 20)**

1. Dorothy has got \_\_\_\_\_. She should use \_\_\_\_\_ to treat it.
2. Sharon's problem is \_\_\_\_\_. She must try \_\_\_\_\_.
3. She mustn't use \_\_\_\_\_ to treat it.

### **C. Write true (T) or false (F) according to the text. (Track 20)**

1. Dorothy should put a little apple vinegar on cotton pad and apply it on her skin.
2. Dorothy should drink apple vinegar after meals.
3. She must use it once a day.
4. Sharon cannot get rid of dandruff.
5. Sharon must wash her hair with baking soda after using shampoo.

**Tapescript (Track 20)**

**Dorothy :** I've got acne. What should I do, Sharon?

**Sharon :** You should use apple vinegar, Dorothy. It really works.

**Dorothy :** Should I apply it on my skin?

**Sharon :** Yeah, but first start with a tablespoonful. You could add some water to it. Pour a little mixture onto a cotton pad and apply it to your skin.

**Dorothy :** How often should I do it?

**Sharon :** You should do it twice a day. If you use it regularly, your skin will become much more beautiful. Now, I have a problem, too.

**Dorothy :** What is it?

**Sharon :** It is dandruff. I can't get rid of it. Can you help me?

**Dorothy :** I think I can. You should try baking soda.

**Sharon :** What must I do?

**Dorothy :** You must wet your hair and then rub a handful of baking soda into your scalp and rinse. You mustn't use shampoo. If you do this for a few weeks, you will get rid of it.

**Sharon :** You know people have used these home remedies since ancient times.

**Dorothy :** Thanks to them.